



World Down Syndrome Day
Meeting With School District Agenda
World Down Syndrome Day is March 21st

(This year we can observe on Friday, March 19th , 2021)

- Lesson Plans
 - The '[Get To Know Me](#)' Lesson Plan that was created by the National Down Syndrome Society
 - [Special Olympics lesson plans](#)
- Gather books to be read in the classrooms or by the librarian within each school. Find out how many books the school has available to read.
 - Set up a special reading area in the school library with books that are about Down syndrome or have characters with Down syndrome in them.
 - Attached is a recommended Book and Video List.
- Print handouts for all students
 - Coloring worksheets
 - WSDS flyers
 - 21 Facts about Down syndrome
 - Book and Video Recommendation list
- Schoolwide Banner/Bulletin Board supporting Down Syndrome Awareness
- Involve Student Leadership
- [Down Syndrome Awareness Virtual Matching Game](#)
- [Order Blue and Yellow Ribbon Stickers](#)

Examples of Activities:

- Morning announcements: Share facts about Down syndrome. Some schools read 1 fact a day leading up to WSDS (from 21 Facts about Down syndrome handout) over the intercom
- Read Down syndrome awareness books
- Play Down syndrome awareness videos
- Everyone can dress in DS awareness colors, yellow and blue, and wear mismatched socks with a suggested donation for \$1.00 to be donated to the [Down Syndrome Association of CT](#)
- Have an assembly on Down syndrome – Bring in a guest speaker contact DS ACT
- Sock Drive - socks can be made into sock cupcakes in Lunch Bunches and donated.
- Random acts of kindness – Students are recognized at the end of the day for random acts of kindness throughout the day
- [Middle & High School level activity – Special Olympics and Best Buddies - Make a pledge to inclusion.](#)
 - [Show Video about the pledge](#)
- [For Middle & High School - Best Buddies program](#)

Visit the Down Syndrome Association's website for additional resources: www.mydsact.org